

Sun May 5th 2019 Bus Hike to Mono Cliffs Provincial Park

See some of the oldest, intact, old growth White Cedar forests in eastern North America. Research has shown that some cedars have survived on the escarpment face for over 700 years and are now the oldest living trees in Ontario. Despite their age, they may be no more than five centimetres thick and a metre high. The cedars have endured the worst elements of cold and constant winds that rob the shallow soil of moisture, carry away nutrients and leave the roots exposed. Their twisted shapes are testimony to their struggle. This 750 ha. park also contains some 450 plant species including rare ferns. The Bruce Trail passes through the park and there are a number of marked trails interconnecting in the park. Prime attractions include walks through mixed hardwood forests and above and below tall cliffs. The park also features the phenomenon called Jacob's Ladder and the fabulous views of McCarston's Lake and from Lookout Point.

We park our cars at the **Mainway Recreation Centre** located on the northeast corner of Walkers Line and Mainway in Burlington. Bring a lunch and water or drinks with you as well as boots and rainwear.

We leave from the parking lot at 8:30 a.m. There will be a coffee and restroom break at Tims in Orangeville. If you've forgotten to bring a lunch you can pick one up here.

We arrive at Mono Cliffs about 10:30 a.m. at the community centre lot in the village of Mono Centre. The bus will drop us off to start our hikes here. If we are lucky we'll be able to park the bus here for the day. If not the bus will have to leave the village and park on a side road nearby.

You will have the choice of two or three hikes ending in the village where there are a few tourist shops an ice cream stand (seldom open) and of course the Mono Cliffs Inn with it's famous Peter's Cellar bar if the weather's bad.

Long Hike about 15km 4 1/2hrs.- **Phill Armstrong**

Medium Hike about 9.5 km 3 1/2 hrs **Linda Amos and Bruce Smith**

Short Hike will be a leisurely 3 hrs including lunch stop about 8km.- **Anne Armstrong**

There will be opportunities to drop out as the place is a bit like a ski area with loop trails and good maps posted at intersections so you can find your way back to the village easily. Just let your leader know that you're dropping out.

If you choose you don't have to go with the led hikes, you can do your own thing, as per ski trips just be back at the bus in time.

Bus Leaves Mono at 4:00 p.m or earlier if people are ready or the weather is bad. Arrival back in Burlington 5:30 p.m.

To Book

Cost of the trip is \$25. Go on the website to the Events Calendar tab. Find the trip on Sun 5th May and book just as you would for a ski trip.

Trip leaders Phill and Anne Armstrong hikingrandpa@gmail.com cell on during the day 416 895 3937.