

Spring Day Hike Schedule

The following hikes are published by the Iroquoia Bruce Trail Club

<https://www.iroquoia.on.ca>

They are led by members of the Halton Outdoor Club. You should sign the waiver and emergency contact sheet that the leader will normally present. If you are not a member of Bruce Trail but are a member of Halton Outdoor Club you should check the member box "N"

Every Friday Evening Burlington Waterfront Evening Hike

Start: 7:30 PM **End:** 9:00 PM **Location:** Meet in the Lakeshore Road parking lot just east of the Waterfront Centre and restaurant **Pace:** Brisk **Terrain:** Easy **Description:** This will be a brisk walk along Lake Ontario, to the canal and back. Hike will be cancelled in poor weather.

Hike Leader: Lorne Carruthers. For information call Lorne at 905- 315-8762 or email: l.carruthers@hotmail.com

Every Monday Morning Radial Trail, Hamilton

Start: 9:30 AM **End:** 12:00 PM **Location:** Parking lot of the Chedoke Golf Club in Hamilton. **Distance:** 10km loop.
Pace: Medium **Terrain:** Moderate

Hike Description: Hamilton Radial Trail +/- 10km loop.

Hike Leader: Daljeet Juneja **Email:** ds.juneja@gmail.com **Phone:** 905 -870- 3088

Every Wednesday Evening starting March 13, 2019 Walk for Health and Fun - West Hamilton

Start: 7:00 PM **End:** 9:00 PM **Location:** Corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics) **Pace:** Medium **Terrain:** Moderate

Hike Description: Climb the steps and walk the streets and trails of West Hamilton. We will hike sections of the Bruce Trail as well as the trails of Iroquoia Heights C.A. There will be weekly walks all summer. Now we are all getting older we are not hiking as fast as we used to! Hike is cancelled if there is heavy rain.

Hike Leader: Paul Lewis – (905) 331-8600 or email: outdooractive@hotmail.com

March 6, 2019 Good Companions - Oakville Ravines

Start: 10:00 AM **End:** 12:30 PM **Location:** Oakville

Distance: Approx. 9 km

Pace: Leisurely **Terrain:** Moderate **Hike Description:** This hike will take us through a beautiful wood lot and along some of the winding ravines of Northeast Oakville. Expect some hills and poor footing. Icers may be necessary. Meet for a 10:00 am. start on the east side of the LCBO at Upper Oakville Shopping Mall located at Upper Middle Road and Eighth Line. Bring water and a snack. **Hike Leader:** Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

March 7, 2019 Monarch-Spring Creek

Start: 10:00 AM **End:** 1:30 PM **Location:** Dundas Valley **Distance:** 11 km

Pace: Medium **Terrain:** Moderate **Hike Description:** For this loop hike, meet for 10:00 am start at the Sanctuary Drive parking lot for Sanctuary Park in Dundas. You can access Sanctuary Drive from Pleasant Avenue. We will do a loop hike first accessing the Monarch Trail and continuing to the Dundas Valley CA Trail Centre. After a refreshment break at the Trail Centre, we will continue on the Spring Creek Trail back to Sanctuary Park. Bring water, icers and a snack/lunch.

Hike Leader: Janina Vanderpost 905-521-2296 kayakhiker1@gmail.com

March 14, 2019 Thursday Group - Halton Agreement Forest

Start: 10:00 AM **End:** 1:00 PM **Location:** Halton Agreement Forest

Distance: 8 to 12 km.

Pace: Leisurely **Terrain:** Easy **Hike Description:** Please join us for this loop hike in the always beautiful Halton Agreement Forest. The hike will be approx. 12 km. with an option to short hike the hike to 8 km. for those who prefer a shorter hike. The hike is mostly flat but could have some muddy and wet sections. Meet at the small parking lot on the east side of Guelph Line, opposite the Mohawk Raceway and Casino. Overflow parking is available in the north east corner of the Casino parking lot. Bring a lunch/snack and water. Icers may be necessary. **Hike Leaders:** Anne and Phill Armstrong - hikinggrandma@gmail.com - 905 617 3937

March 17, 2019 Junior Hiker - Calcium Pits Adventure

Start: 10:30 AM **End:** 12:30 PM **Location:** Calcium Pits **Distance:** 4 km.

Pace: Leisurely **Terrain:** Moderate **Hike Description:** Please join me for an exploration of the Bruce Trail. Meet at the Calcium Pits on Twiss Rd. Km. 103.8 f (Map 11) for a 10:30 am. start. Bring a snack and water and \$5 for the Winter Junior Hiker badge. Trail will have some hills and poor footing. Boot ices may be necessary. Please register with the leader. **Hike Leader:** Anne Armstrong - hikinggrandma@gmail.com - 905 617 3937

March 18, 2019 Happy Wanderers - Tiffany Falls to Dundas Trail Centre

Start: 9:00 AM **End:** 1:30 PM **Location:** Dundas Valley **Distance:** 14

Pace: Medium, Brisk

Terrain: Moderate

Hike Description: We'll hike from Tiffany Falls parking lot (map 8 ed 29, 45.2 marker) to Sherman Falls to the trail centre and back. Bring lunch, water, icers, no dogs please. Hiking boots required. RSVP by email wlr8362@gmail.com

Hike Leader: Wayne Riley Cancellations the morning of the hike 289-456-3498

March 20, 2019 Hikers R Us - Hilton Falls

Start: 9:00 AM **End:** 1:30 PM **Location:** Hilton Falls Conservation Area

Distance: 14 K

Pace: Medium, Brisk

Terrain: Moderate

Hike Description: We will meet at the main parking lot of Hilton Falls (parking fee required) and will hike the Hilton Falls, Red Oak and the Beaver Dam trails and return to the parking lot.

Bring lunch, water, icers may be needed, no dogs please. Hiking boots required. RSVP by email: wlr8362@gmail.com

Hike Leader: Wayne Riley Cancellations the morning of the hike call 289-456-3498

March 27, 2019 Good Companions - Loopy Hike **Start:** 10:00 AM **End:** 12:30 PM

Location: Dundas Valley **Distance:** 8 km

Pace: Leisurely **Terrain:** Moderate **Hike Description:** Meet at the Dundas Valley Trail Centre parking lot - lot closest to the Trail Centre. The entrance to the Trail Centre is located off Governors Road, Dundas. Parking fee or Hamilton Conservation Authority pass. Beginning at the Trail Centre, we will hike three loops involving the Spring Creek, John White and Sawmill trails. Some hilly and muddy sections to be expected. Hiking boots, icers water and snack. **Hike Leader:** Janina Vanderpost 905-521-2296

kayakhiker1@gmail.com

April 7, 2019 Gentle Hike - Hilton Falls

Start: 10:00 AM **End:** 12:00 PM **Location:** Hilton Falls Conservation Area

Distance: Approximately 8 km. **Pace:** Leisurely **Terrain:** Easy **Hike Description:** Please join me for a leisurely hike at Hilton Falls Conservation Area. (Map 11). We may see some early Spring wildflowers. We will explore the Beaver Meadow Trail and go to the

falls. Bring a snack/lunch. Parking fee in effect or a Conservation Area pass. **Hike Leader:** Anne Armstrong - hikinggrandma@gmail.com - 905 337 3937

April 8, 2019 Happy Wanderers - Crawford Lake **Start:** 9:00 AM **End:** 1:30 PM **Location:** Crawford Lake **Distance:** 14k **Pace:** Medium, Brisk **Terrain:** Moderate
Hike Description: We will meet at the front parking lot of Crawford Lake C.A. (fee applies) map 11. We will hike the Crawford Lake side trail, Canyon bypass and Rattlesnake side trail and back. Bring lunch and water, no dogs please. RSVP by email: wlr8362@gmail.com **Hike Leader:** Roxanne Riley cancellations morning of the hike: 289-456-3498

April 10, 2019 Hikers R Us - Mono Cliffs
Start: 9:30 AM **End:** 2:00 PM **Location:** Mono Cliffs Map 19 Ed 29
Distance: 15 K **Pace:** Medium, Brisk **Terrain:** Moderate
Hike Description: We will meet at 9:30 AM at the Mono Community Centre gravel parking lot 200 m south of the Mono Centre. We will hike the W Tovell, Lookout, Split Rock and Main trails and return to parking lot. Bring lunch and water, no dogs please. Hiking boots required. RSVP by email: wlr8362@gmail.com
Hike Leader: Wayne Riley Cancellations the morning of the hike: 289-456-3498

April 14, 2019 Steps Steps Steps
Start: 9:00 AM **End:** 2:00 PM **Location:** Meet in the parking lot at the top of the Chedoke Stairs at Scenic and Upper Paradise. We will then carpool to the parking lot at Albion Falls overlook and hike back **Distance:** 15km
Pace: Medium **Terrain:** Strenuous **Hike Description:** We will do all 8 sets of escarpment stairs, including the Kenilworth stairs and Uli's 3 sets of stairs. In between the sets of stairs, we will hike parts of the Bruce Trail and the Rail Trails. Hike cancelled, if there is a rain (Rain Date will be Sunday May 12th).
Hike Leader: Paul Lewis (905) 331-8600, or email: outdooractive@hotmail.com

April 17, 2019 Good Companions - Hendrie Valley
Start: 10:00 AM **End:** 12:30 PM **Location:** Royal Botanical Gardens Hendrie Valley
Distance: 8 km **Pace:** Leisurely **Terrain:** Moderate **Hike Description:** Meet at the southwest corner of the main Royal Botanical Gardens parking lot - near Spring Gardens Road directly across from Easterbrook's. From there we will walk along the Spring Garden Rd down into the Hendrie Valley, follow some of the trails and boardwalks, and return to the Hendrie Valley parking lot (which is just across Plains Rd from where we begin). We may see some spring flowers and birds. There will likely be muddy sections on the trails. Bring water and a snack.
Hike Leader: Janina Vanderpost 905-521-2296 kayakhiker1@gmail.com

April 18, 2019 Felker's and Albion Falls loop **Start:** 10:00 AM **End:** 1:30 PM **Location:** Hamilton/Felker's/ Albion Falls **Distance:** 10 km.

Pace: Leisurely **Terrain:** Moderate **Hike Description:** Waterfalls are one of Hamilton's claim to fame. This hike will visit some of them, Felker's, Buttermilk and Albion. Meet in the Upper King's Forest parking lot on Mountain Brow Blvd. (Map 7). We will hike from here to Felker's Falls and back. Bring a snack/lunch, water, sunscreen and insect repellent. **Hike Leader:** Phill Armstrong - hikinggrandpa@gmail.com - 416 895 3937

April 28, 2019 Junior Hiker/Chedoke Rail Trail **Start:** 10:30 AM **End:** 12:00 PM **Location:** Hamilton/Chedoke Golf Club

Distance: 4 km. **Pace:** Leisurely **Terrain:** Easy **Hike Description:** This hike will take us along the Bruce Trail/ Chedoke Rail Trail as it climbs the Escarpment, overlooking Hamilton and Dundas. We will return via the Blue Side Trail along Scenic Drive. Meet in the parking lot of the Chedoke Golf Course. Take the Aberdeen exit off the 403 and follow to past the rail overpass where you will turn right onto Sudholme and then left onto Beddoe and follow to the Golf Club. (Map 7). Bring water, a snack and \$5 for the Spring badge **Hike Leader:** Anne Armstrong - hikinggrandma@gmail.com - 905 617 3937

May 1, 2019 Good Companions - Halton Agreement Forest

Start: 10:00 AM **End:** 12:30 PM **Location:** Halton Agreement Forest/Guelph Line

Distance: 8 km. **Pace:** Leisurely **Terrain:** Easy **Hike Description:** Come join the Good Companions as we explore this beautiful forest. Wildflower sightings are likely. Some short rocky sections. Bring a snack, water, sunscreen and insect repellent. The flying critters may be out. Meet for a 10:00 am. start in the small parking lot across from the Mohawk Raceway/Casino on the east side of Guelph Line, just north of Highway 401. (Overflow parking in the northeast corner of the parking lot of the raceway.) **Hike Leader:** Anne Armstrong hikinggrandma@gmail.com Cell# 905 617 3937

May 11, 2019 In Search of Wildflowers

Start: 10:00 AM **End:** 12:30 PM **Location:** Crawford Lake Conservation Area

Distance: Approx. 7 - 8 km. **Pace:** Leisurely **Terrain:** Moderate **Hike Description:** Join me in looking for Spring Wildflowers in this lovely conservation area with it's Meromictic lake and history going back to early Indigenous peoples. Bring water, a snack, sunscreen and insect repellent. Some rocky sections. Parking fee or conservation area pass. Limit of 20 people. Register with leader. **Hike Leader:** Anne Armstrong 905 617 3937 hikinggrandma@gmail.com

May 13, 2019 Happy Wanderers - Smokey Hollow, Waterdown

Start: 9:00 AM **End:** 2:00 PM **Location:** Smokey Hollow, Waterdown Map 9, Ed 29,

marker 72.4 Distance: 15 km

Pace: Medium, Brisk **Terrain:** Strenuous

Hike Description: We will head west from Smokey Hollow to # 6 highway and return. There is a lot of climbing on this hike. Bring lunch, water, no dogs please. Hiking boots required. RSVP by email: wlr8362@gmail.com

Hike Leader: Wayne Riley Cancellations the morning of the hike: 289-456-3498

May 13, 2019 Tyandaga Evening Walk - 1.5 to 2 hours

Start: 7:00 PM **End:** 9:00 PM **Location:** Meet at the parking lot for Kerncliff Park below the escarpment by the old quarry on the east side of Kerns Road, Burlington **Distance:** 7

Pace: Medium **Terrain:** Moderate **Hike Description:** We will hike various trails in Kerncliffe Park including portions of the Bruce Trail. Come and enjoy the longer evening daylight! Optional Apres Hike Pub Stop. Hike Cancelled, if there is heavy rain

Hike Leader: Paul Lewis (905) 331-8600, or email: outdooractive@hotmail.com

May 15, 2019 Hikers R Us - Chedoke Radial Trail **Start:** 9:00 AM **End:** 1:30 PM **Location:** Tiffany Falls Map 8 Ed 29

Distance: 15 K **Pace:** Medium, Brisk **Terrain:** Moderate

Hike Description: We will meet at the Tiffany Falls parking lot Map 8, marker 45.2. This is an "in and out" hike from the parking lot to the Chedoke stairs and back. Bring lunch and water, no dogs please. Hiking boots required. RSVP by email:

wlr8362@gmail.com

Hike Leader: Wayne Riley Cancellations the morning of the hike: 289-456-3498

May 16, 2019 Bluebell Hike

Start: 10:00 AM **End:** 1:00 PM **Location:** Sixteen Mile Creek Valley

Distance: Approximately 9 km. **Pace:** Leisurely **Terrain:** Easy **Hike Description:** The Bluebells in the Sixteen Mile Creek Valley in Oakville are always a treat for the eyes. Depending upon the season they could be at their best. Other wildflowers may be blooming as well. Some long, gentle hills, but mostly flat. Meet in the parking lot at the south east corner of River Glen Blvd. and Neyagawa, next to the baseball fields. Bring a snack/ lunch and water.

Hike Leaders: Anne and Phill Armstrong - hikinggrandma@gmail.com - 905 617 3937

May 19, 2019 Gentle Hike - Scottsdale Farm **Start:** 10:00 AM **End:** 12:15 PM **Location:**

Scottsdale Farm **Distance:** Approximately 8 km. **Pace:** Leisurely **Terrain:** Moderate

Hike Description: Scottsdale Farm is an Ontario Heritage owned farm located north of Georgetown, on the east side of Trafalgar Rd. Our hike will take us along some Blue

side trails and Main Bruce trail in a loop winding through abandoned farm fields and forest trail. Some hills and rocky sections. Bring a snack/lunch, water, sunscreen and insect repellent. Map 12. Take Trafalgar Road North to the entrance to Scottsdale farm on your right. Be careful, it's easy to miss.

Hike Leader: Anne Armstrong - hikinggrandma@gmail.com - 905 617 3937

May 26, 2019 Junior Hiker - River and Ruin **Start:** 10:30 AM **End:** 12:00 PM **Location:** Loweville **Distance:** 4 km.

Pace: Leisurely **Terrain:** Moderate **Hike Description:** Come discover the ruins of an old farmhouse along the River and Ruin walk. We will meet in the parking lot of Loweville, opposite the Loweville Bistro. We will make our way to the trail leading us to the ruins. Bring a snack/water, sunscreen and insect repellent. Also bring \$5 for the Spring badge. Please register with the leader. **Hike Leader:** Anne Armstrong - hikinggrandma@gmail.com - 905 617 3937