

Kingston Multi-Sport Trip

Thursday July 7 – Monday July 11, 2022

Leaders: Jim and Patti Blair and Sport Directors

Get ready. It's time to travel!!

The Finger Lakes trip has always been a Club favourite but on this time around we are giving it a go on home turf. Kingston and the surrounding area offers a multitude of opportunities for hiking, cycling, and paddling, so load up your gear and get ready for a great time together.

Covid 19 Precautions: At the time of registration, proof of double vaccination is required. You will be notified if this changes. Trip members will observe any government restrictions that are in place at the time of the trip.

Getting there: This is a self drive trip, allowing you to bring along your own bike, paddling and hiking gear. Car pooling is a definite option but you can organize this on your own. The fee to park your vehicle is \$15 per weekday or you can purchase a weekly pass (Thurs to Mon) for \$30.

Our Accommodation: We will be staying at Watt Hall Residence on campus at Queen's University. It is located one block from Lake Ontario and less than 2 kms from downtown Kingston. Our group will be staying in air-conditioned, '2-bedroom units', meaning that each unit has 2 separate bedrooms and a shared bathroom. Whether you are rooming with a friend, or with a spouse, each person has their own bedroom but will share an adjoining bathroom. No singles accommodation is offered. Rooms do not have a TV or fridge but there is a fridge in the common area. You may also use a cooler for keeping lunch food and snacks cold. Dinner on the first night and breakfast every day will be served in the cafeteria at which time we will organize our daily activities. (see link for [Brochure of Watts Hall Residence](#) on the registration page).

Activities: Due to the number of options being offered, please see the link for the [List of Possible Activities](#) on the registration page.

Itinerary: Drive to Kingston on Thursday morning of July 7th, for check-in any time after 3:00 pm. Some Club activities will be offered in the afternoon, followed by a 'get acquainted' event and group dinner at the residence on Thursday evening. On Friday, Saturday, and Sunday, a smorgasbord of hiking, cycling and paddling activities will be offered. You will sign up for various activities one day in advance, when we meet at mealtime. Dinners on Friday and Saturday will be on your own, allowing you to discover the many fine eateries in Kingston. Sunday dinner will be a group event at a local brewery. Monday morning, a final activity will be offered before driving home.

The Cost: The cost of the trip is \$410 per person

The Trip Package Includes:

- 4 nights' accommodation at the Watt Hall residence at Queens University
- 4 breakfasts
- One dinner at residence on Thursday night
- Catered dinner at local brewery on Sunday night
- Taxes and gratuities on above mentioned items

Not included in the trip package:

- Transportation (self drive/carpool)
- Parking: \$15.00 per weekday or a weekly pass for \$30 can be purchased at check in
- dinner on Friday and Saturday night
- lunch and snack food every day
- entrance fees to parks, trails, conservation areas etc. as required
- kayak rentals and guided tour for those who choose this option
- individual expenses of a personal nature such as alcoholic beverages
- discretionary gratuities
- expenses that arise due to inclement weather or circumstances beyond our control

Cancellation Policy: If you cancel **at any point** after your registration is confirmed, you will be responsible for any costs that the club has incurred on your behalf, unless a replacement from the waitlist can be found. This could include costs for meals and accommodation some of which the club must pay well in advance of the trip. In addition, you will be charged a \$25.00 processing fee.

If the Club cancels the trip for any reason a full refund will be given.

Please contact Jim and Patti Blair if you require further information: pblair24@cogeco.ca