

The Halton Outdoor Club

2018 Cycling Schedule: Road Riders

Date	Tour	Time & Location	Distance	Leader	Description
Sat 5 th May	Hamilton Beaches	9.30am start. Meet at 9.15am in the car park off Eastport is the first one on your left after crossing the bridge when coming from Burlington	30-40km	Anand Sinha anand_sinha@yahoo.com	Newcomers are welcome to join this flat and comfortable ride along the waterfront. We hope to run two distances – watch this space!
Sun 6 th May	Campbellville Ride	9:30am start. 9:15am meet in the parking lot near railway tracks (Guelph Line)	38-40 km	Sandy Nay snay1@bell.net	Level 1 18-20 km cadence, with some hills and flats. Finish at Flying Monkey
Sat 12 th May	No HOC ride. Riders can improve their basic skills in a clinic run by the Cycling Centre (fee payable)	See website http://cyclingcentre.ca/	2406 Deer Run Ave, Oakville, ON L6J 6L1	Petrina (Coach) cyclingcentre@gmail.com	You can reach Petrina at 416 458 6859.
Sun 13 th May	Waterfront Ride (Hamilton - Stoney Creek)	9:30am start. Meet at 9:15am @ Hutch's, Van Wagner Beach Rd	38-40 km	Sandy Nay snay1@bell.net	Level 1 18-20 km cadence, flat along waterfront. Finish at Hutch's for ice cream
Sat 19 th May	Jordan Village	9.30am start Meet at 9.15am at the public parking behind the Lincoln Fire Station located at 3763, 19 th Street, Lincoln (Jordan)	38km, flat and occasional hills.	Mickey Segal segalmi@gmail.com	Join this ride through the beautiful Jordan area. The roads are generally quiet, and we pass through wine country.

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Sat 26 th May	No HOC ride. Riders can improve their skills in the Climbing Clinic run by the Cycling Centre (fee payable).	http://www.cyclingcentre.ca/	Oakville Executive Golf Course, 4414 Fourth Line, Oakville, ON L6M 4E8	Petrina (Coach) cyclingcentre@gmail.com	There are many little things that you can work on to become a better climber, including how and when to change gears, body and foot position, standing techniques, pacing options, determining your optimal cadence, and breathing.
Sun 27 th May	Campbellville Crossroads	9.30am. Meet at 9.15am at New Ball Park is on Reid Sideroad, just west of Guelph Line and south of 401.	45km Rolling hills We hope to have a 35km option	Martin Shed shedroofcycling@gmail.com Anand Sinha anand_sinha@yahoo.com	This route explores the north west portion of Halton with impressive scenery and a few hills up to half way. The roads are quiet, and there is a great cafe at the end, The Flying Monkey.
Sun 3 rd June	Rattlesnake Rattler.	Meet at 3233 Appollo Rd in Burlington for an 8am start	This is an easy to moderate ride with 2 different distances, 32 and 44km	Frank Cooney fccooney@hotmail.com	From the start, the ride heads north from Burlington through the countryside around Milton, Campbellville and the escarpment.

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Sunday 10 th June	No HOC ride, but a few of us will be doing the Tour de Grand	www.cambridgetourdegrand.com	50,60,72 and 100	HOC contact: Martin Shed shedroofcycling@gmail.com	Lots of options, if you want to join us on the 72km ride, please let me (Martin Shed) know and we can meet in front of the arena.
Saturday 16 th June	Waterdown	9.30 start Meet by 9.15am	55-60km	Martin Shed shedroofcycling@gmail.com Dave Harrington dharrington@bell.net	Waterdown, Dundas, Carlisle
Sat 23 rd June	Dutch Mill Country Market Ride	9am start Meet by 8.45am at the commuter parking lot on Appleby, north of the 407	65km. Flat with a few hills	Paul van Warmerden vanwarmerdam.paul@gmail.com	Ride from north Burlington to the Dutch Mill Country Market for fantastic pastries and coffee.
Sat 30 th June	Dundas	9am start	60km	Betty Boudreau scooter.boo1@live.ca	Watch this space for further details.
Sun 8 th July	Tour de Flamborough	Meet at Jim and Patti's, 14 Cumminsville Drive, Millgrove at 8.15 am for an 8.30 am start.	40km and 60km rides	Jim & Patti Blair pblair24@cogeco.ca	Both rides will be along the quiet roads of West Flamborough, through flat to moderately hilly terrain

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Sun 15 th July	Tour de Norfolk	www.letourdenorfolk.com	40,70 and 100km	HOC contact person? to be confirmed	lots of options. Please let HOC contact person know if you are interested.
Sat 28 th July	Westover Wanderer	8.30 start. Meet 8.15 at University Plaza, 101 Osler Dr, Dundas	75km, flat with a few hills (inc Wilson Hill)	Mickey Segal segalmi@gmail.com	Cycle out through Dundas and enjoy the quiet roads on a wander down Westover Road, and enjoy the scenery.
Sun 12 th Aug	Tour de Farms	Meet at Selkirk Athletic Field, 17 Main St West 9:45 start	30km and 70km	Martin Shed shedroofcycling@gmail.com Dave Harrington dharrington@bell.net	We do two loops, the 30km West loop is first, then we stop for lunch. Afterwards, we do the 40km Eastern loop. Lunch is provided by Dave with each rider paying \$6 for a variety of cold cuts veggies grapes etc.
Sat & Sun 18 and 19 th August	Tour de Dunnville	http://dunnvillegrandtour.com	50, 75 and 100km		The Dunnville Grand Tour is a weekend-long event for cyclists of all skill levels, coasting by the banks of the Grand River and cruising along the

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					picturesque shores of Lake Erie
Sat 25 th Aug	Belfountain	Start 9.30am Start from Ball Park at Steeles and 6 th Line.	80km rolling hills	Martin Shed shedroofcycling@gmail.com	Enjoy cycling in the beautiful north Halton and Peel area. We climb up through Limehouse and then head East to Belfountain. Enjoy coffee and a treat at the Higher Ground Coffee Company before returning back along a southerly route.
Sat 8 th Sept	Welland Canal Loop	9:30am start. 9:15am meet in the Weller Park (Arthur St/St Cath.)	38-40km	Sandy Nay snay1@bell.net	Level 1 18-20km cadence. Flat ride along Lakeshore Rd into St Cath to Welland Canal
Sat 15 th Sept	Waterloo County (St Clements-Millbank)	9:30am start. 9:15am meet in the parking lot in St Clements School 3639 Lobsinger Line	38-40km	Sandy Nay snay1@bell.net	Level 1 18-20km cadence, with some hills and flats. Butter Tart at ½ way point

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Sat 22 nd Sept	Paris to Cambridge	Start 9am Meet 8.40 at the parking lot opposite Tim Horton's, 151 Dundas St W, Paris, ON N3L 3H4	65km, plus optional extra 15km loop	Martin Shed shedroofcycling@gmail.com	Great ride through Glen Morris, Roseville and Cambridge. Flat and hills.
Sat 29 th Sept	Spirit tree Cider Farm	Start 9.30am Start from Ball Park at Steeles and 6 th Line.	70km rolling hills	Martin Shed shedroofcycling@gmail.com	Nice stop at the cider farm for coffee and treats
Sat 13 th Oct	Tour de Norfolk (rerun)	9am start Meet at the Delhi Community Centre by 8.45	100km, flat with hills	Mickey Segal segalmi@gmail.com	This is a rerun of the official route and probably the last organised HOC ride of the year
Sat 20 th Oct	Non HOC ride			Dave Harrington dharrington@bell.net	Tour of Craft Breweries